

# 'GUNFIGHTER VIRTUOSITY' RESEARCH GROUNDED SELF DEFENSE TRAINING

January 18-19, 2025 (Sat & Sun) Tacoma, WA – Indoor Facility

**Purpose** of this class is to increase your abilities for both decision-making and physical skills to deal with sudden, deadly force encounters and their immediate aftermath.

Over two days you will be shown principles and concepts not a bunch of techniques. You will be training these principles in a large variety of situations and contexts, so you learn how to apply them properly to increase your safety for you and those around you if the need arises.

**Why Train with Us?** We are not aware of anyone else who has both studied the research for training people to thrive in deadly force situations and who has been actively training and refining exactly how to weave that research into the training design and delivery itself.



## Contact Us for Further Information and to Register

**Date/Time:** Sat & Sun, January 18-19, 2025

(from 8:00am to 4:00pm daily with a lunch break)

**Cost:** \$600.00 to be paid ahead of time while seats last

\$ 75.00 Airsoft Pistol & Holster Rental (if needed)

\$ 100.00 NeuroSmart 1 hour rental (limited availability)

**Location:** 2515 S Holgate St., Tacoma, WA

### **Registration & Further Info:**

- Jeff Johnsgaard 1 (423) 457-5463
- email [Jeff@NaturalTactical.com](mailto:Jeff@NaturalTactical.com)

## This course is NOT live fire

Research is clear, you must train in Context and with high Variability.

This course will do that with the use of Airsoft pistols (your own or rent one of ours), without shooting pellets.

This allows role players to give all the variations of stimulus needed for each student to read the situation and act with principles to be optimal for their abilities.



Scan QR Code  
for Info  
Interview on  
NeuroSmart

**Special Extra:** NeuroSmart ask us about a device you can try at this training that measures your stress level & how we use it to teach you to regulate your stress & improve decision-making



Det/Sgt Jeff Johnsgaard (Ret.) teaches for his company Natural Tactical and is a contract instructor for Force Science®, Raptor Protection and the Reality Based Training Association.

Jeff is a Force Science Advanced Specialist and the Director of Research for the Reality Based Training Association. Jeff has written over a dozen articles for law enforcement on the topics of firearms, visual training, decision-making, scenario training and safety. He has presented at IALEFI, ILEETA, Force Science and PORAC.

Jeff's resume and further info are available at his website  
[www.NaturalTactical.com](http://www.NaturalTactical.com)