

Jeff Johnsgaard

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www.NaturalTactical.com

1 (306) 270-0540

Short Bio

General Info

- Founder / Chief Instructor – Natural Tactical Systems (NTS)
- Police Officer – Full Time
 - Public Safety (Crowd Control) Unit Member and Close Quarter Tactics Consultant
 - Use of Force Instructor
 - Defensive Tactics Instructor
 - Firearms Instructor
 - Expandable Baton Instructor
 - O.C. Instructor
 - Conducted Energy Weapon (Taser) Instructor
- International Training Consultant: Vecchi Group International (www.VecchiGroup.com)
- Director of International Training: Natural Spirit International & Worden Defense Systems (www.WordenDefense.com)
- Regional Director / Management Consultant for Sabre Tactical to Military and Law Enforcement Personnel (SabreTactical.com)
- Reality Based Training Association: Advanced Scenario Training Instructor (www.RBTA.net)
- AO Sword Inc. Consultant & Trainer (www.aosword.com)
- Basic Black Consultant & Master Instructor: Training & Product Testing/Evaluation
- Bachelor of Arts, Sociology

Publications Authored

- Johnsgaard, J.B., & Vecchi, G.M. (2019). The Center Axis Relock (CAR) System: Theory and Practice (part 2). The Firearms Instructor Magazine, International Association of Law Enforcement Firearms Instructors (IALEFI), issue 62, page 34-42.
 - <http://naturaltactical.com/wp-content/uploads/2019/10/IALEFI-CAR-Part-2.pdf>
- Johnsgaard, J.B., & Vecchi, G.M. (2018). The Center Axis Relock (CAR) System: Theory and Practice (part 1). The Firearms Instructor Magazine, International Association of Law Enforcement Firearms Instructors (IALEFI), issue 61, page 34-39.
 - <http://naturaltactical.com/wp-content/uploads/2018/12/IALEFI-CAR-Part-1.pdf>

News & Media Features

- KQTV – NEWS KQ2.com *Fundamentals of Force: Officer Breaks Down Use of Force* (April 10th, 2018).
<http://www.kq2.com/content/news/Fundamentals-of-ForceOfficer-Breaks-Down-Use-of-Force-479348303.html>

Featured In (Magazines & Podcasts)

- School of strategy Podcast – *What is Center Axis Relock Shooting System?* (April 2020).
<https://www.listennotes.com/podcasts/school-of-strategy/what-is-center-axis-relock-FrqmM4gLe3S/>
- The Blue Press – *Natural Tactical Systems 360° Close Quarter Defense Training* (January 2020).
<http://naturaltactical.com/wp-content/uploads/2019/12/Blue-Press-Jan-2020-3-page.pdf>
- Ammoman School of Guns Magazine – *What is Center Axis Relock* (November 19, 2019).

<https://www.ammoman.com/blog/center-axis-relock-a-star-is-born/>

- Modern Combat and Survival – Podcast *5 in 5 Question and Answer with Jeff Johnsgaard* (November 15, 2019).
<https://podcasts.apple.com/ca/podcast/modern-combat-survival-tactical-firearms-urban-survival/id914371573?i=1000456882904>
- Modern Combat and Survival – Podcast #272 *The Future of Center Axis Relock* (November 13, 2019).
<https://mcsmagazine.com/272-car-johnsgaard>
- Tactical Life Magazine – Mean-Street Gunfighting System: CAR (Center Axis Relock) is more than a grip, stance... (March 2011).
<https://www.tactical-life.com/lifestyle/military-and-police/mean-street-gunfighting-system/>

Firearms & Tactics

SWAT Level I – International Tactical Officers Training Association (ITOTA)
NRA Law Enforcement Division – Tactical Shooting Instructor
NRA Law Enforcement Division – Patrol Rifle Instructor
Center Axis Relock (CAR) Master Instructor – Sabre Tactical
Police Sniper – Sabre Tactical
SWAT Level I – Sabre Tactical
Carbine Instructor – Saber Tactical
Certified Provincial Firearms Instructor by the Saskatchewan Police College

Defensive Tactics

6th Degree Instructor in Natural Spirit International (NSI) Progressive Arts
5th Degree Black Belt in Natural Spirit International (NSI) Modern Arnis
5th Degree Black Belt in Natural Spirit International (NSI) Renegade Jeet Kune Do
Full Instructor Level IV in WorTac Defensive Tactics Training
8th Degree Black Belt and Certified Instructor in Bujinkan Budo Taijutsu
Certified Defensive Tactics Instructor by the Saskatchewan Police College
Certified Instructor in Spontaneous Protection Enabling Accelerated Response (SPEAR)

Fitness & Nutrition

CrossFit Level I Trainer (ANSI)
Certified in Agatsu Level I Kettlebell Coaching course
Certified in CrossFit Basic Barbell Fitness Coaching course
Certified in CrossFit Endurance Coaching course
Certified in CrossFit Gymnastics Coaching course
Certified in CrossFit Olympic Lifting Coaching course
Certified in CrossFit Nutrition Coaching course

Other Training

Force Science® Analyst Certification
Certified BTEC Level 3 Surveillance Course – United Kingdom
Certified Advanced Reality Based Training Instructor – Armiger Police Training Institute
Certified Scenario Instructor and Safety Monitor – General Dynamics
Scenario Role Player Instructor – Setcan
Chemical Munitions & Distraction Device Instructor – Ottawa Police Service
ARWEN Instructor & Armourer – Police Ordnance

Certified in Crowd Control Management and Team Based Tactics – Toronto Police Service
Less Lethal Certified – Sabre Tactical
PSD/Close Protection Level I – Sabre Tactical
Certified in Hypnosis and Neuro-Linguistic Programming – Mike Mandel
Pistol Instructor Development School for Equipment & Tactics – Blackhawk Special Operations Division
PPCT Defensive Tactics Instructor – PPCT Management Systems
ASP Baton Instructor – Armament Systems and Procedures Inc.
Glock Armourer – Glock USA
Safety Monitor – Shock Knife
Conducted Energy Weapon Instructor (Taser) – Saskatchewan Police College

Recent Training Events

Various Civilian Based Personal Protection Courses (1 to 3 days in length)
Law Enforcement & Military Based Firearms and Defensive Tactics Courses (2 to 5 days in length)